



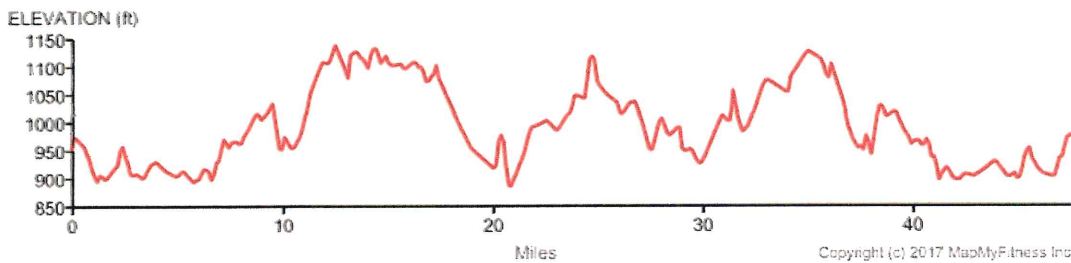
### Capitol Classic Medium

Distance: 47.83 mi

Elevation Gain: 1,690 ft

Elevation Max: 1,139 ft

### Notes



0.00 mi Head east on SW 10th Ave toward SW Jackson St

- 0.16 mi** Turn left onto S Kansas Ave
- 0.16 mi** Head north on S Kansas Ave toward SW 9th St
- 0.58 mi** Turn left onto SW 6th Ave
- 0.58 mi** Head east on SW 6th Ave toward S Kansas Ave
- 0.90 mi** Head east on SE 6th Ave toward SE Jefferson St
- 1.00 mi** Head east on SE 6th Ave toward SE 7th St
- 1.16 mi** Head east on SE 6th Ave toward SE 7th St
- 1.19 mi** Turn right onto SE 7th St
- 1.21 mi** Turn left toward Shunga Trail
- 1.23 mi** Turn left onto Shunga Trail Destination will be on the right
- 1.33 mi** Head southwest on Shunga Trail toward SE 6th Ave
- 1.33 mi** Turn left onto SE 6th Ave Destination will be on the right
- 1.59 mi** Head east on SE 6th Ave toward SE Locust St Destination will be on the left
- 1.82 mi** Head east on SE 6th Ave toward SE Liberty St Destination will be on the left
- 2.19 mi** Head east on SE 6th Ave toward SE Gray St
- 2.32 mi** Head east on SE 6th Ave toward SE Highland Ave Destination will be on the left
- 2.69 mi** Head west on SE 6th Ave toward SE Tefft St
- 2.70 mi** Turn right onto SE Tefft St Destination will be on the right
- 3.20 mi** Head north on SE Tefft St toward SE 2nd St
- 3.20 mi** Turn right onto SE 2nd St Destination will be on the right
- 3.96 mi** Head east on SE 2nd St toward NE Croco Rd
- 4.44 mi** Head east on SE 2nd St toward NE Croco Rd
- 5.23 mi** Head east on SE 2nd St toward NE Goodell Rd
- 6.41 mi** Slight left to stay on SE 2nd St Destination will be on the right
- 6.98 mi** Head east on SE 2nd St toward SE Dupont Rd
- 6.98 mi** Turn right onto SE Dupont Rd
- 7.99 mi** Turn right to stay on SE Dupont Rd Destination will be on the left
- 7.99 mi** Head northeast on SE Dupont Rd toward SE 10th St
- 7.99 mi** Turn right onto SE 10th St Destination will be on the right
- 8.47 mi** Head east on SE 10th St toward SE Shawnee Heights Rd
- 8.48 mi** Turn right onto SE Shawnee Heights Rd Destination will be on the right

- 9.49 mi** Head south on SE Shawnee Heights Rd toward SE Ward Rd
- 9.49 mi** Turn left onto SE Ward Rd Destination will be on the right
- 10.80 mi** Head southeast on SE Ward Rd toward SE Stanley Rd
- 10.80 mi** Slight left onto SE 29th St Destination will be on the left
- 11.27 mi** Head east on SE 29th St toward SE Stubbs Rd Destination will be on the right
- 12.45 mi** Head east on SE 29th St toward SE Woodring Rd
- 12.83 mi** Continue onto N 1900 Rd Destination will be on the left
- 12.95 mi** Head east on N 1900 Rd toward US-40 W
- 12.97 mi** Turn right onto US-40 E Destination will be on the left
- 14.38 mi** Head east on US-40 E toward E 175 Rd
- 14.39 mi** Turn left onto E 175 Rd Destination will be on the left
- 14.75 mi** Head northeast on E 175 Rd/N 1900 Rd toward N 1900th Rd Continue to follow E 175 Rd Destination will be on the right
- 15.23 mi** Head north on E 175 Rd Destination will be on the left
- 15.86 mi** Head north on E 175 Rd toward N 2100 Rd
- 16.75 mi** Continue straight onto N 2100 Rd
- 17.17 mi** Head northeast on N 2100 Rd toward E 250th Rd
- 18.93 mi** Head east on N 2100 Rd toward E 425 Rd
- 20.13 mi** Continue onto 2100N/W Woodson Ave Destination will be on the right
- 20.19 mi** Head east on 2100N/W Woodson Ave toward Clark St
- 20.75 mi** Head west on 2100N/E Woodson Ave toward E 600 Rd/Eisenhower Memorial Dr
- 20.76 mi** Turn left onto Co Rd 1029/E 600 Rd/Eisenhower Memorial Dr Continue to follow Co Rd 1029 Destination will be on the left
- 22.18 mi** Head south on E 600 Rd toward N 1850th Rd

- 23.63 mi** Slight left to stay on E 600 Rd Walk your bicycle
- 23.70 mi** Continue onto Farmer's Turnpike Walk your bicycle Destination will be on the left
- 23.70 mi** Head northwest on Farmer's Turnpike toward E 600 Rd
- 23.71 mi** Turn left onto E 600 Rd
- 24.32 mi** Head west on US-40 W toward E 550 Rd Destination will be on the left
- 24.82 mi** Head southeast on US-40 E toward E 550 Rd
- 24.82 mi** Turn right onto E 550 Rd
- 25.35 mi** Head south on E 550 Rd toward N 1700 Rd Destination will be on the right
- 26.47 mi** Head north on E 550 Rd toward N 1600 Rd/Stull Rd
- 26.48 mi** Turn left onto N 1600 Rd/Stull Rd
- 29.47 mi** Head west on N 1600 Rd/Stull Rd toward E 200 Rd
- 31.41 mi** Turn left onto E 50 Rd/Stull Rd
- 31.52 mi** Continue onto N 1600 Rd
- 31.99 mi** Continue onto SE 53rd St
- 33.00 mi** Turn right onto SE Stubbs Rd Destination will be on the right
- 33.00 mi** Head north on SE Stubbs Rd toward SE 45th St
- 36.01 mi** Turn left onto SE 29th St Destination will be on the left
- 36.01 mi** Head west on SE 29th St
- 36.96 mi** Turn right onto SE Ward Rd
- 38.36 mi** Turn right onto SE Shawnee Heights Rd
- 38.36 mi** Head north on SE Shawnee Heights Rd toward SE 10th St
- Turn left onto SE 10th St

- 39.36**  
**mi**
- 39.85** Slight right onto SE Dupont Rd  
**mi**
- 40.86** Turn left onto SE 2nd St  
**mi** Destination will be on the left
- 42.86** Head west on SE 2nd St toward Heck Ct  
**mi**
- 43.87** Head west on SE 2nd St toward SE Rice Rd  
**mi**
- 44.63** Turn left onto SE Tefft St  
**mi**
- 44.64** Head south on SE Tefft St toward SE Carnahan Pl  
**mi**
- 45.14** Turn left onto SE 6th Ave  
**mi**
- 45.14** Head west on SE 6th Ave toward SE Tefft St  
**mi**
- 45.52** Head west on SE 6th Ave toward SE Golden Ave  
**mi**
- 47.20** Head east on SW 6th Ave toward S Kansas Ave  
**mi**
- 47.20** Turn right onto S Kansas Ave  
**mi**
- 47.62** Head south on S Kansas Ave toward SE 10th Ave  
**mi**
- 47.62** Turn right onto SW 10th Ave  
**mi**
- 47.78** Turn left  
**mi**
- 47.78** Destination  
**mi**